

# GOOD READS

Helping to expand healthcare professionals' knowledge, AT Today has picked its top three guides that professionals can access for free.

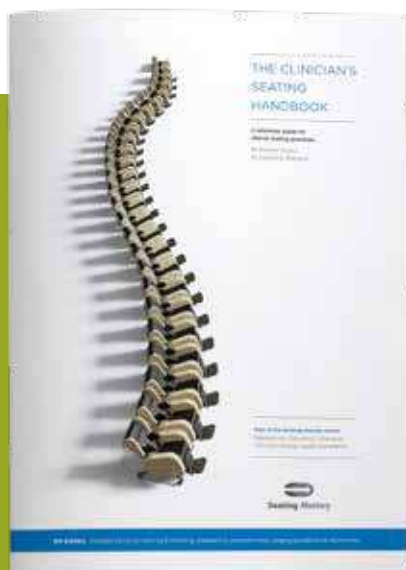
## CLINICAL SEATING MATTERS

Seating Matters has published the fifth edition of *The Clinician's Seating Handbook*.

Written and published by Martina Tierney, Occupational Therapist and Clinical Director of Seating Matters, ten years ago, the book has become essential reading for clinicians and therapists, being used in universities and clinical practices worldwide.

This latest edition contains various useful updated advice and clinical research for healthcare professionals, including moving and handling pointers, pressure injury staging guidelines, and paediatric & bariatric assessment tips.

[www.seatingmatters.com](http://www.seatingmatters.com)



## POSTURE PROWESS

Repose Furniture has launched a new posture guide in association with The OT Service, which, according to Repose, provides clinicians with a well-researched guide into what they need to know about seating assessments.

Kate Sheehan, Director of The OT Service and Repose's resident occupational therapist, commented: "We have worked with Repose to ensure the Guide provides a step by step analysis to support the clinician when assessing and recommending the correct seating solution to meet their clients' needs which can often be complex."

The guide is illustrated to explain the advice being given and these are complemented by an assessment template.

Also incorporated within the guide are several case studies which detail the patient's condition and post assessment recommendations and further educate the reader on how posture can impact on everyday tasks, long-term health and wellbeing.

[www.reposefurniture.co.uk](http://www.reposefurniture.co.uk)



## BATHROOMS AND INDEPENDENCE

Geberit is highlighting some of the barriers to bathroom adaptations with its new resource guide for occupational therapists, local authorities and care providers.

It demonstrates the vital role of the bathroom in helping people remain independent in their own home. The guide also presents some of the modern bathroom solutions which are helping to make a difference.

Simon Thomas, National Sales Manager at AquaClean Care, said: "The key to supporting independence in the home is in education and collaboration, to help overcome as many barriers as possible and give people the best possible chance to remain in their lifelong residence."

[www.geberit.co.uk](http://www.geberit.co.uk)

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